

## Submission concerning Diabetes Management

I was listed as Type 2 Diabetes in about 2002.

I followed a regime of exercise and eating to control this. I was very diligent with the requirements. It was successful for 11 years.

Until I suddenly had raised blood sugar, weight loss, extreme fatigue, nausea and it was obvious something else had happened.

I was placed on medication but did not improve.

I pursued the need for more investigation.

I was sent for scans and it showed severe pancreatitis.

It was followed by biopsy and confirmed it was Pancreatic cancer.

I would encourage earlier investigation of Diabetic changes particularly if the patient is conscientious concerning lifestyle, diet and exercise.

My Cancer was picked up at Stage 3.

I do feel it was suspicious for quite some time prior to the biopsy.

The impact on my life is drastic.

I underwent a Whipples procedure.

This included removal of a portion of the pancreas, the duodenum, gall bladder and a portion of the stomach.

It was followed with a year of heavy treatment.

This included Radio Therapy and Chemotherapy

Followed by Chemotherapy for 6 months.

The treatment left me in need of recovery for about 2 years with extreme fatigue, eating disorders and a drastic change to my life style.

I now eat every 2 hours and need to monitor my food not only for diabetes but for digestion.

I use Creon, an enzyme replacement, for the loss of the pancreas

I have limited absorption.

I daily use high multivitamins which assist up to a point only.

I use insulin to control blood sugar and it was well controlled.

I had been warned that the portion of pancreas that remained would properly atrophy with time.

That happened and about a year ago the blood sugar became very difficult to control.

I cared for 2 grandchildren, in need, for nearly 2 years, but my health deteriorated and I had to stop.

I am now on long acting Insulin twice per day And rapid insulin with meals, or as needed. And extremely controlled eating.

I had to increase the glucose testing from daily pinpricks to 10-15 or more times throughout the day and night to monitor the levels

Both for eating, insulin use, and safety of highs or lows, which could be potentially fatal.

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I applied for the CGM subsidy but was declined.

Apparently the criteria only cover Type 1 Diabetics not My Insulin dependance subsequent to Cancer Surgery .

I have tried every avenue I know to gain help with this but no one seems to understand.

I am 75 years old

I am a retired Social Worker and Medical Practice manager.

I worked and contributed for many years until I had to stop due to the Pancreatic Cancer, at age 65.

I have Survived for 9 years after Whipples.

Am a retired woman living off my Superannuation. ( my husband is also elderly and retired.) The cost of CGM such as Libre Freestyle or Dexacom is extremely expensive.

I cannot do without as I have to monitor highs or lows for safety, especially at night. The cost has become impossible.

I am totally Insulin Dependant.

I am retired living of Superannuation.

As this modern Medical advancement (CGM), has improved the well being for so many people I ask for your consideration in my case.

Please can I receive the Subsidy for CGM.